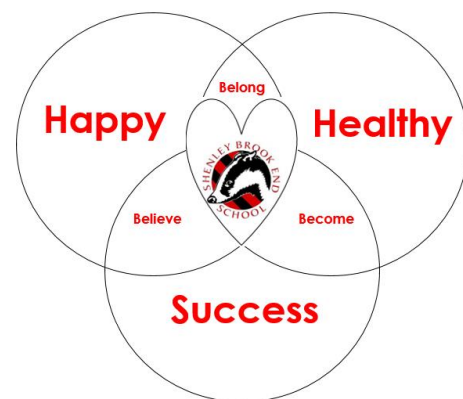


**How do you complete your 60 minutes of physical activity per day?**



<b>Extra-Curricular Term D</b>	<b>Recreational Play Train Learn</b>
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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>7.45 – 8.20</b>		<b>Dodgeball</b> <i>Sports Hall 1/2</i> Mr Flint Mr Nash		<b>Fitness</b> <i>Fitness Suite</i> Miss Ashley Miss Bookes	
<b>13.00 – 13.25</b>	<b>Girls Active</b> <i>ICT5</i> Mrs Manning			<b>Football</b> <i>Astro</i> Mr Doyle	
<b>15.15 – 16.15</b>	<b>Handball</b> <i>Sports Hall</i> Adahm	<b>Netball</b> <i>Sports Hall 1&amp;2, Gym</i> Miss Arkison Miss Ashley Mrs Murrell  <b>Sport Studies Exam Success</b> <i>ICT4</i> Mr Tierney  <b>KS5 Fitness</b> <i>Fitness Suite</i> Mrs Showunmi	<b>Basketball</b> <i>Sports Hall 1</i> Mr Malpass  <b>Boys Football</b> <i>Field</i> Mr Doyle Mr Flint Mr Mangan  <b>Hockey</b> <i>Sports Hall 2</i> James Palmer	<b>Dance</b> <i>Gym</i> Miss Boakes  <b>KS3/4 Fitness</b> <i>Fitness Suite</i> Mrs Odams  <b>Badminton &amp; Table Tennis</b> <i>Sports Hall 1&amp;2</i> Mrs Knapper  <b>Sport Science Exam Success</b> <i>ICT4</i> Miss Green	<b>Cricket Nets</b> <i>Sports Hall</i> Mr Mangan Mr Tierney

**Morning Clubs** – Meet at the outdoor changing room in your PE kit, please ensure that you bring your full school uniform to change into ready for form time.

**After School Clubs** – Go to the outdoor changing rooms to change into your PE kit. Your teacher will meet you there. You may leave school after the club in your PE kit.