Year 10 Information Evening

30 January 2024

Key People

- Miss Boakes (Progress Leader for Y10)
- Mrs Grave (Year Leader for Y10)
- Mrs Wright (Assistant Head Curriculum & Careers)
- Mrs Baker (Director of Raising Standards)

- Form Tutors

- Leadership team

Y10 Year Ahead

- 18-28 March – Experience of Work
- 19 March – Y10 Progress Review 2
- 18 April – Y10 Parents’ Evening
- 22 April – 3 May – Y10 Exams
- 21 May – Y10 Progress Review 3

Experience of Work

Monday 18 March – Thursday 28 March 2024

- ✓ It can be a highly enjoyable and interesting experience
- ✓ It can help your child to develop essential employability skills and personal qualities such as communication, confidence and maturity, team working, time management and problem solving
- ✓ It can motivate your child to do well at school
- ✓ It can help your child to gain insights into the world of work and decide on potential career options
- ✓ It looks great on a CV for the future!

What next?

Look at your contract

Work Experience Contract

Proactive Education

Parent / Carer Copy

Student's name : Joe Bloggs Tutor group : 10SSA

School Address

Shenley Brook End School
Walbank Grove
Shenley Brook End
Milton Keynes
Buckinghamshire
MK5 7ZT

School contact : Mrs Gladkow Contact telephone No :

Placement Details

Stewart Hendry
Stantonbury Arts and Leisure
Purbeck Drive
Milton Keynes
Buckinghamshire
MK14 6EN

Role : Sports assistant March

Description : This placement is at a sports and leisure centre that is used by school students and members of the public. The student will assist with setting out equipment for gym, badminton and trampolining sessions, clear away afterwards, shadow lifeguards, assist with gym classes and gain an insight into the centre. The placement will include reception and admin work, as well as general housekeeping duties, to include vacuuming and mopping out areas.

Dates of placement : 28-03-2022 - 08-04-2022

Days and hours to be worked : The student will work for 5 days out of 7 and for a maximum of 8 working hours a day. This may be between 6am and 10pm and will be discussed at interview. * It is essential that the student is collected by a parent/carer after working a late shift.

Lunchtime arrangements : The student to bring a packed lunch and Drinks

Transport arrangements : Student to make own travel arrangements to and from the placement. * It is essential that the student is collected by a parent/carer after working a late shift.

Dress code : Sportswear - ie. plain T-shirt, tracksuit trousers/shorts. Bring a hoodie warm fleece Clean trainers. Long hair should be tied back. Minimal jewellery. All PPE will be provided

Interview : The student MUST contact the employer two to four weeks prior to the start date of the placement.

The student should advise the employer of any relevant medical issues when attending for interview.

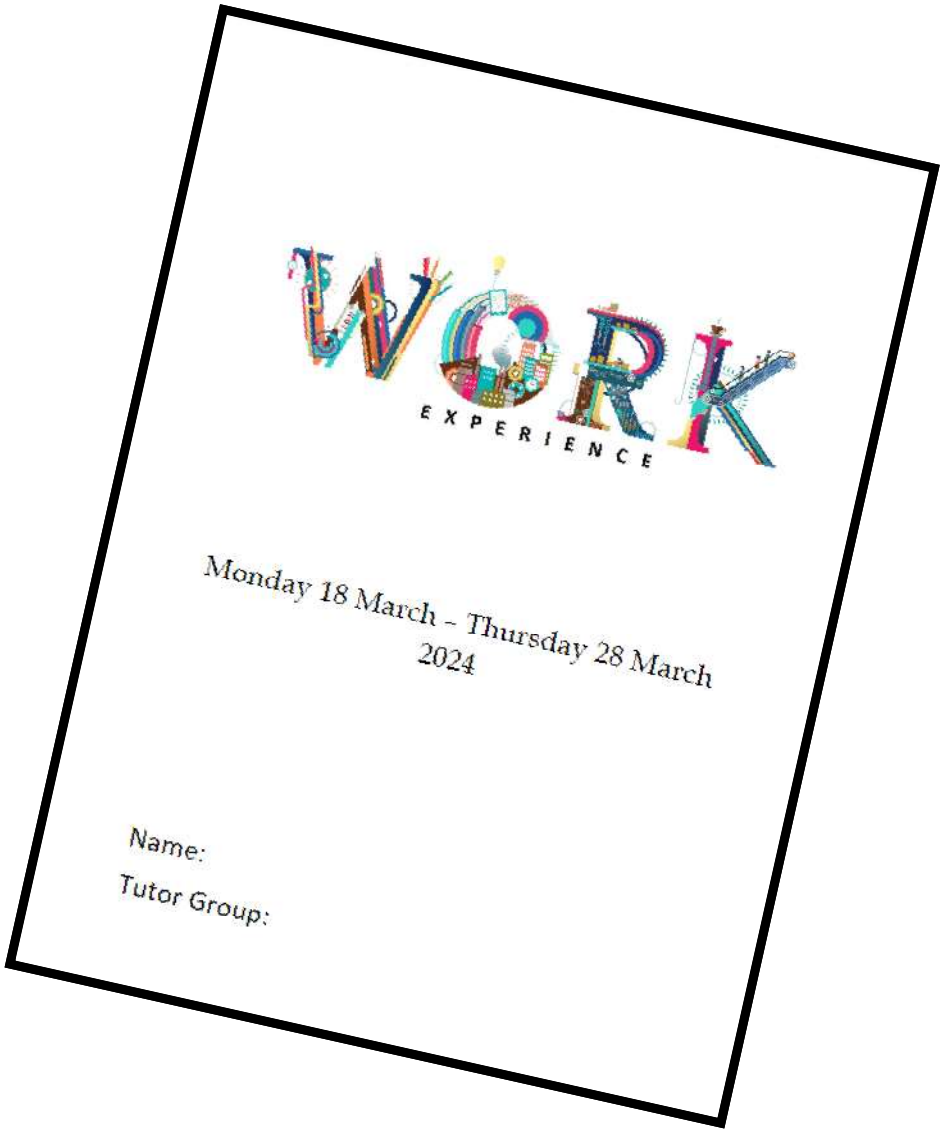
Code of conduct : Dress appropriately to the needs of the placement.

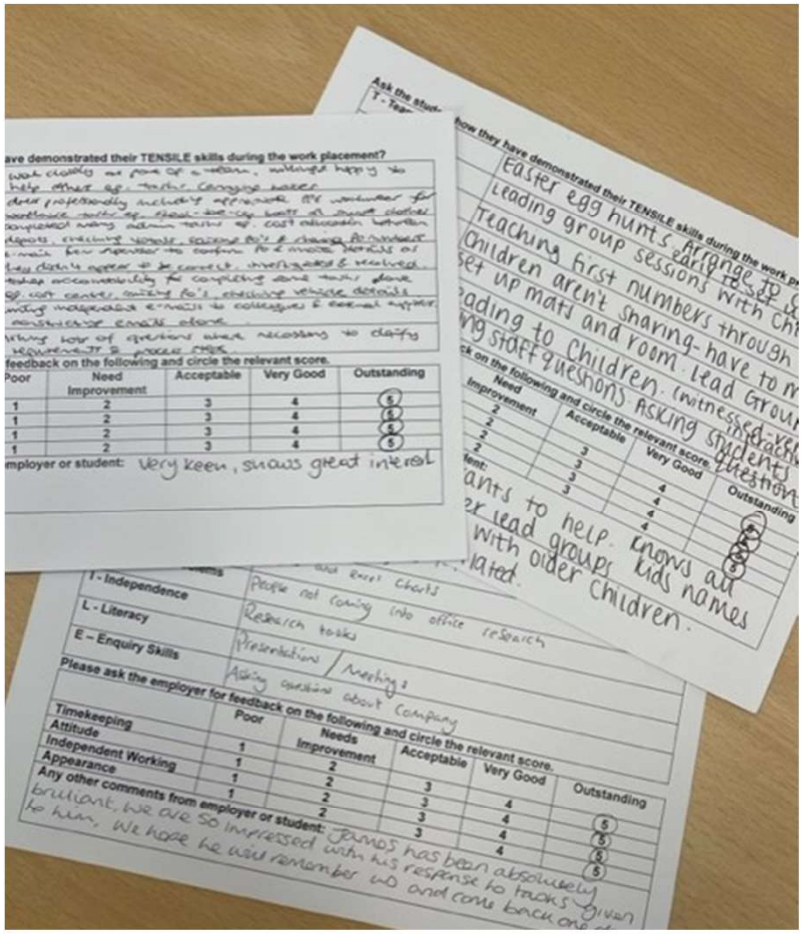
To Prepare….

Sessions in tutor time looking at:

- First Impressions
- Safeguarding
- Health and Safety
- Target Setting

Diary log booklet that should be uploaded to Unifrog at the end of the placement.





"He been very positive and engaged in everything we have shown him and asked him to do. He is a lovely young man with a great attitude, we would offer him a job if we were able to."

Windmill Hill Golf Club

"A real a credit to the school, he involved himself really well with work colleague of all ages, listened to instructions and understood them, was a great help. The team will miss him. I would be happy to offer an apprenticeship should he choose this field as a career.."

Shenley Brook End & Tattenhoe Parish Council

" Your student has been a great asset to our team. She been willing to help and asked lots of questions. I feel she has benefitted greatly from the time and experience here."

Pet Practice

"Great person to have at the centre. Has been a great help to our instructors these past two weeks. He has been very friendly and approachable and always jumps straight in to help with any tasks asked of him. An absolute star!."

Caldecotte Experience

"It has been fantastic having your student working with us. She has thrown herself into life here and has been a great help to both staff and children. If teaching is a career that she would like to follow I believe she will be amazing!"

Christ The Sower School

"Excellent worker with a great attitude. It has been a delight to have this young lady working with us in our store."

John Lewis

" This young lady has been absolutely fantastic. She has a confidence beyond her years and such a mature attitude all our staff assumed she was an university student. She has been a joy to have work with us and we wish her all the best for the future."

Milton Keynes Discovery Centre

"An enthusiastic student with excellent communication skills. He is one of the best students we have had!"

Wolverton Swimming & Fitness Centre

" Excellent student he has worked really well within the team, his enthusiasm for the work is evident. We have been very impressed. During the second week He really came out of his shell and carried out some fantastic work for us.."

Nexus Fusion

Pastoral Support & Wellbeing

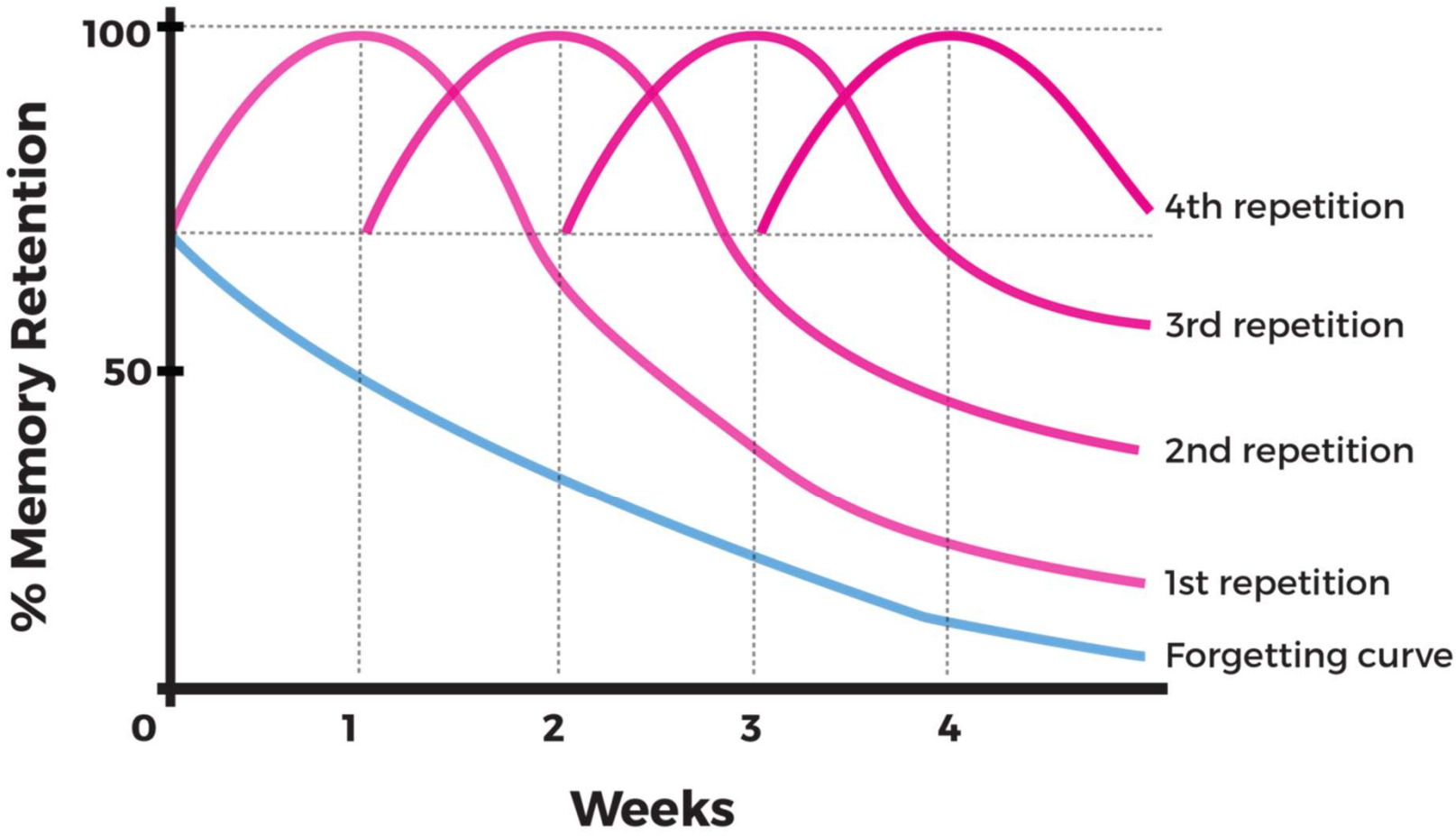
- Contact your child's form tutor or Miss Boakes (Y10 Progress Leader)

Revision Strategies

- 22 April – 3 May – Y10 Exams

Curve of Forgetting

For newly learned information

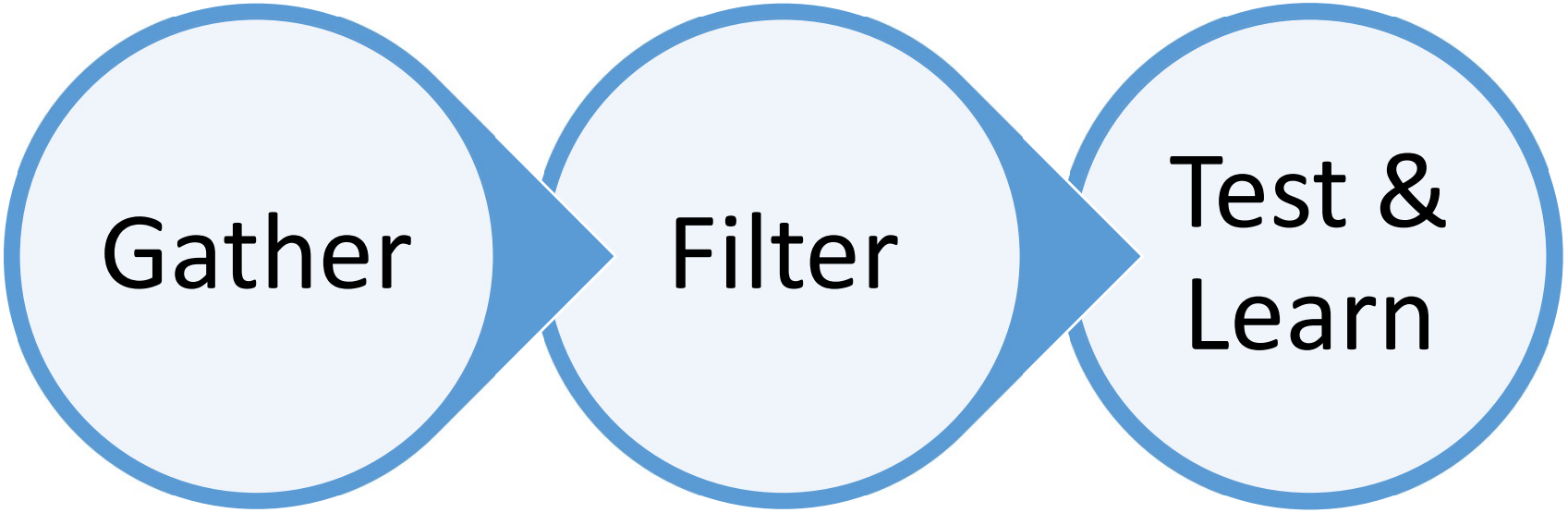


How can students revise effectively?

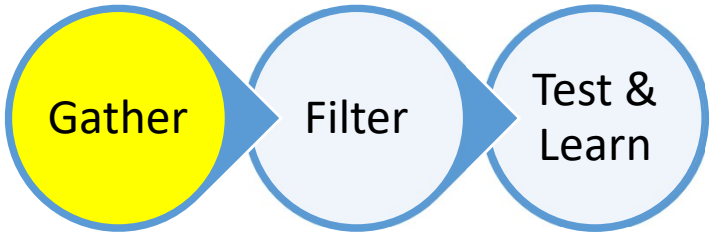
	Technique	Efficacy/Impact	What is it?
1	**Retrieval Practice**	**High**	Low stakes quizzing; desirable difficulty
2	**Spaced + Interleaving**	**High**	Presenting scheduled and mixed content over time
3	**Elaboration**	**Medium**	Generating and being able to explain why
4	**Self-Explanation**	**Low**	Explaining new information
5	**Summarisation**	**Low**	Bitesize overview
6	**Highlighting**	**Low**	Marking potentially important information whilst reading
7	**Keyword mnemonics**	**Low**	Keywords for mental models/imagery
8	**Imagery for Text**	**Low**	Mental imagery for text (dual coding); pair text with images
9	**Rereading**	**Low**	Restudying text material
	All these strategies have an impact on learning. N.b. Spaced + Interleaving have been amalgamated for this resource; they are separate strategies and interleaving is sometimes known as 'distributed practice'.		

Inspired by (Table 1: Learning Techniques) 10.1177/1529100612453266 (Dunlosky et al (2013)

SBE Revise 50 Hours Challenge



#SBERevise50Hours

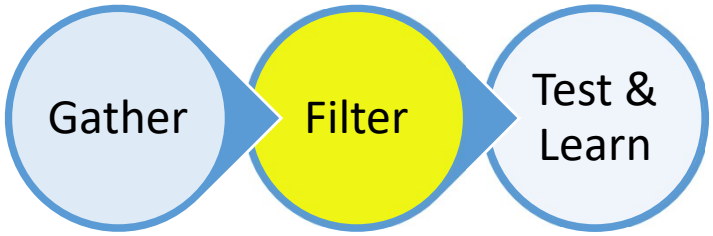


This should take up 10% of a student's revision time.
Don’t spend more than a week on this!

- Students need to know when their exams are; all students are issued with timetables – information is on their Arbor calendar.
- Students need to know what they will be examined on – Year 10 Exam Checklists are available in the Y10 Year Group Team.
- Purchase Revision Guides from the Arbor Shop – 9 February school deadline
- Find relevant class notes/previous revision notes.
- Access subject specific revision material on Teams.
- Create a revision timetable.
- Make sure students have somewhere quiet and purposeful to revise.

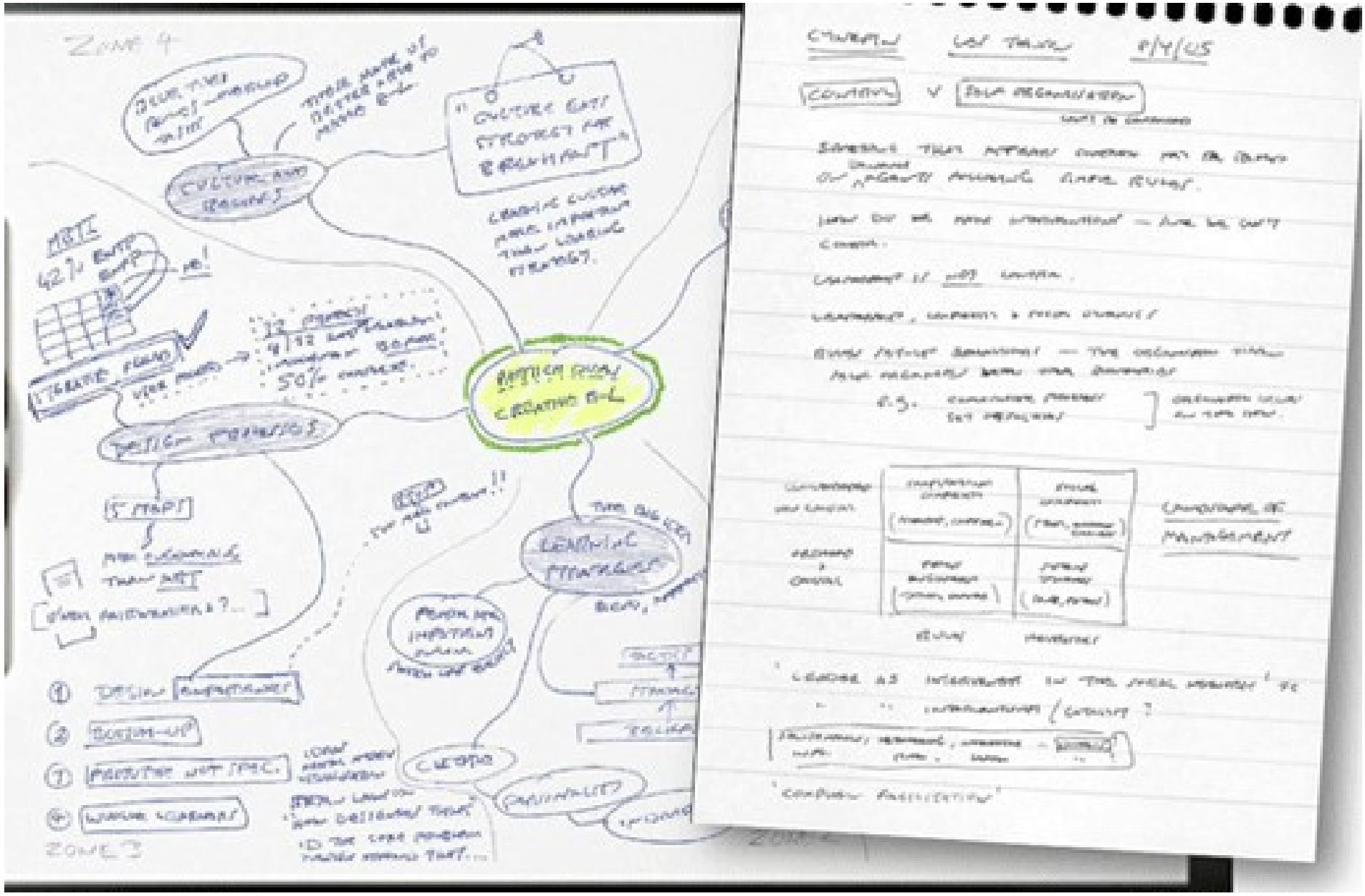
Effective Study Environment

1. Location - choose an area with minimal interruptions – a quiet, well-lit, relaxing space where you can focus and get work done.
2. Keep focused – TV off, phone away, stay off social media
3. Stay organised – have a revision plan and keep all your supplies in one place.

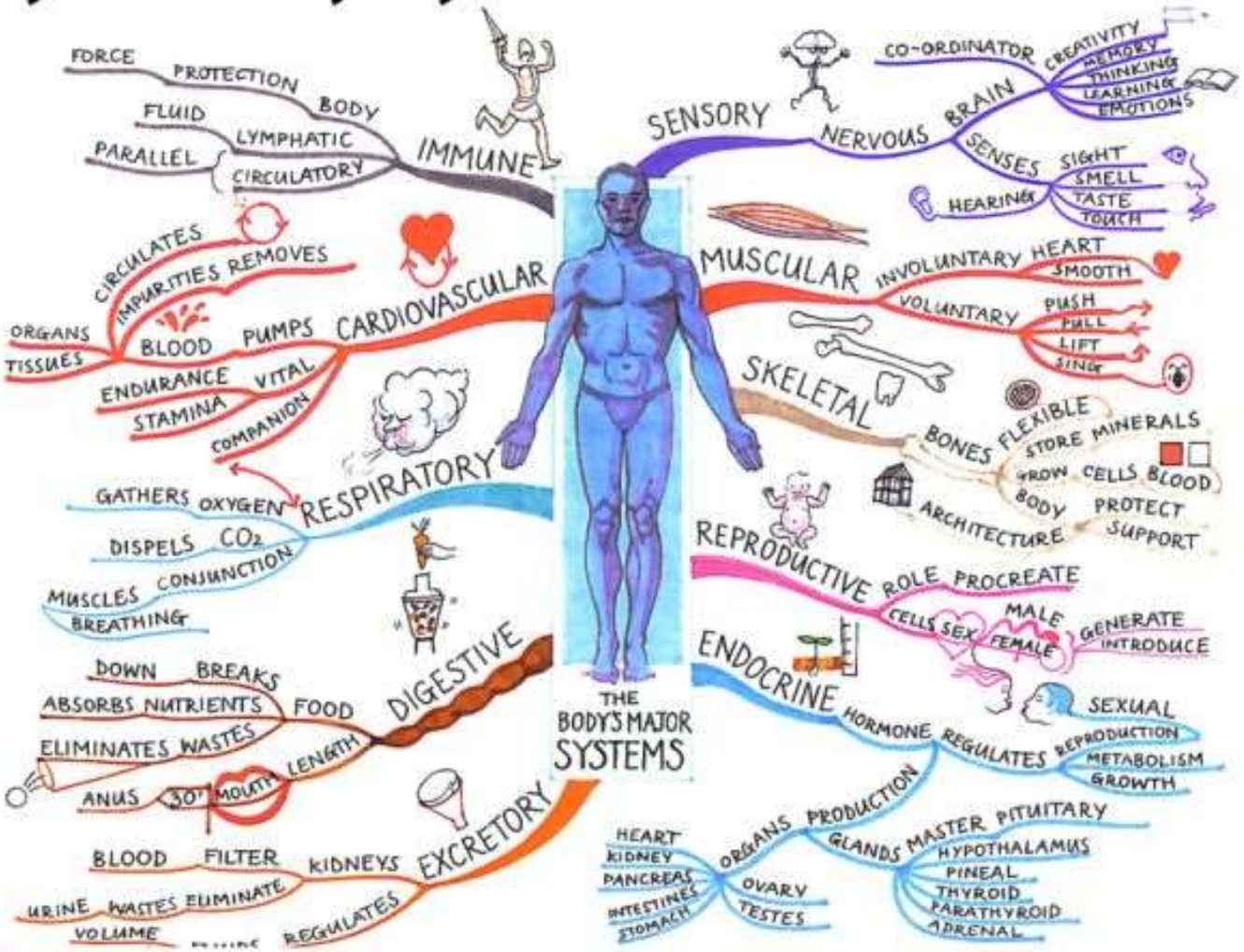


This should take up 30% of student's revision time.

- Students should reduce the information they have gathered for each subject down to the essential parts.
- They should start making notes from class notes, revision guides, revision videos.
- Note-making can take many forms:
  - Mindmaps
  - Flashcards
  - Dual coding
  - Mnemonics


ZONE 4
CULTURE AND BEHAVIOR
DESIGN PRINCIPLES
5 MAPS
LEARNING STRATEGIES
CREATIVE
ZONE 3

Study of Body Systems



buzan.com.au

iMindMap.com.au

Waves

Waves are produced between friction of the wind and the surface of the sea resulting in the transfer of energy from the moving air to moving water.

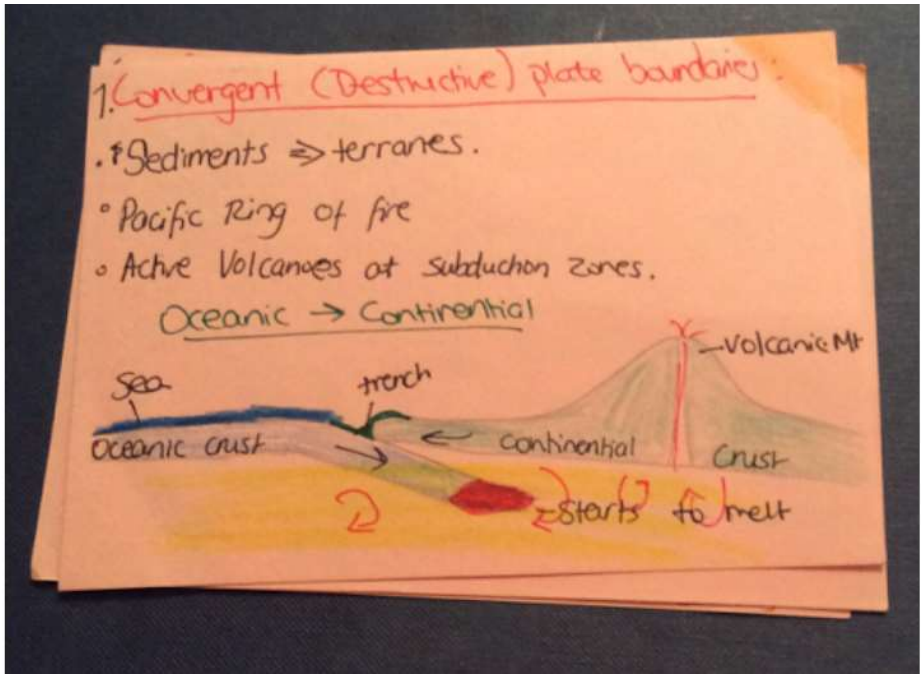
"Fetch" is the length of open water over which the wind can blow unobstructed.

destructive

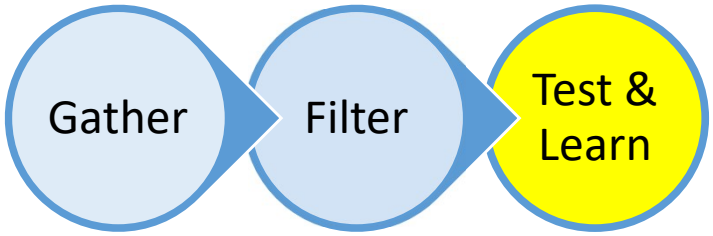
- Erosional
- High
- Short <20m
- High frequency (10-12)
- Powerful backwash
- Break rapidly & plunge shore

constructive

- Depositional
- Flat & Low
- Long wave length
- Low frequency (6-8)
- Weak backwash
- Spill gently onto shore

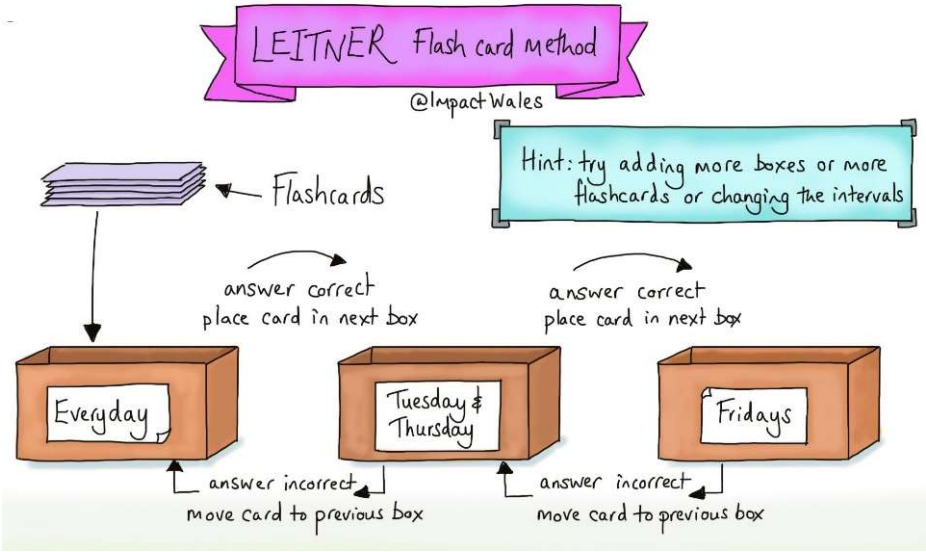

1. Convergent (Destructive) plate boundaries:
• Sediments ⇒ terranes.
• Pacific Ring of fire
• Active Volcanoes at subduction zones.
Oceanic → Continental
Volcanic Mt
Sea
trench
Oceanic crust
continental
Crust
starts to melt


What is place value?
addition and subtraction of integers and decimals.



This should take up 60% of a student's revision time.
By the time of the exams this is all students should be doing.

- To learn information, students need to give their brain opportunities to retrieve it on a regular basis.
- Retrieval practice can take many forms:
  - (Self) quizzing
  - Leitner method
  - Answering past papers



Remember it is important to make revision effective and make it count!