



ASK Yourself! TENSILE Skills Tracker

	Launching	Developing	Progressing	Mastering
				
Teamwork	I need to be able to work in a team.	With help I can work as part of a team.	I can operate in different roles as part of a team.	I can successfully contribute to, and lead, a team.
Expression	I need to contribute in class.	With help I can express myself simply.	I can usually express my ideas logically and clearly.	I always express my ideas logically and clearly in different ways.
Numeracy	I need to increase my awareness and use of numeracy techniques.	With support I am becoming aware of numeracy techniques that would support my learning.	I regularly use numeracy techniques to underpin my learning.	I successfully use numeracy techniques to underpin and further my learning.
Solving Problems	I need to be able to offer solutions to problems.	With help I can evaluate problems and offer potential solutions.	I can evaluate problems, offer potential solutions and justify my responses.	I can successfully evaluate problems, think 'outside of the box' in order to offer potential solutions and justify my responses.
Independence	I need to be able to work productively on my own.	With occasional help to focus I can work productively on my own.	I enjoy working independently, with good results.	I am successful when working independently and enjoy setting myself challenging targets.
Literacy	I need to increase my awareness and use of literacy techniques.	With support I am becoming aware of literacy techniques that would support my learning.	I regularly use literacy techniques to underpin my learning.	I successfully use literacy techniques to underpin and further my learning.
Enquiry	I need to question the best way to approach a task.	With help I question the best way to approach a task.	I regularly use questioning to find the best way to approach a task or investigation.	I successfully use questioning to find the best way to approach and execute a task or investigation.