



Welcome

Dear All,

Having written so many times in recent weeks about rules, routines and restrictions it is lovely to be sending out this newsletter celebrating the creativity and commitment of our students and staff this half term. I hope you enjoy reading it and congratulations to all who are mentioned or represented in here.

Thank you all for your support and for the opportunity to problem solve together as we have sought to turn our recent

challenges into opportunities across the school community. I hope half term is positive and restful and please do remember to observe all the current advice to ensure the return to school is one in which everyone can be safe, and keep others safe.

Best wishes,

Chris Holmwood
Headteacher



Year 7 Book of Hopes

Here are all the entries of the Year 7 Book of Hopes competition. First, second and third places are shown below.

1st Ariya Hothi

Hope

I hope that one day we will all become one,
That racism and white privilege will soon be gone,
May no human live in fear,
Or shed a tear for the ones that were innocently lost,
I hope that no child will differentiate the colour of the
person standing in front of them,
But rather, as a symbolism of brotherhood,
If every person, no matter their race, religion or culture,
could come together,
We can fight against the worlds minority and conquer
racism forever,
Our global Covid 19 crisis took us all aback,
A desperate vaccine is what we lack.
Let's get it right for our next generation,
Let's do our best and start with education,
I hope we can unite and strive to be better,
These crises have changed the way we live forever,
We need to harness more love and show less hate,
before time passes and it is too late.

By Ariya Hothi



2nd - Leila Kobeissi

The Hopeful Caterpillar

Down at the bottom of an old and forgotten garden, a little caterpillar wept about his dream. His dream was one leaf as green and as healthy as an apple. But where he lived, ate and slept the only food to devour was old dry and crinkly. All he hoped for was one silky smooth emerald-green leaf. Seeing as this dream was not possible for our sad little caterpillar, every day as he devoured his leaves he struggled to find more, until he could not find anything on the floor. So he decided to look on higher ground.

As the caterpillar crawled up a branch, he noticed a crack in the fence, so he went to investigate. He crawled slowly and carefully—as he did not want to crawl over a splinter. The caterpillar eventually made it to the tiny crack, he peeked through and what he saw was stunning. Lush green leaves and verdant green grass. How he longed to eat just one of those leaves, but unfortunately the crack was too tight and narrow to squeeze through. So with a heavy heart he left on the hunt for more leaves.

As the caterpillar got larger living off dead leaves and grass, he still wished to live in that lush garden and spend the rest of his life there. But he knew if he had any chance of living there he would have to get smaller, but there was no hope of that. So days went by and the bigger caterpillar slowly started to look for something, he wasn't sure what it was, all he knew was that he was very tired. When he eventually found what his instincts were telling him, he lay down for a very big sleep, hoping he would get into the nice garden soon.

After three weeks and four days the caterpillar emerged from his sleep. But he didn't feel like a caterpillar anymore he felt lighter, stronger and... wet! He bathed in the sun, drying off all day. Then there was that feeling again, but it was different. It wanted him to flap a new part of his body so he could fly - whatever that meant. So he tried again and again but nothing happened, until the sun started to set. He felt a soaring sensation all around him and he realised this was what flying was. He was a butterfly.

The next morning he flew over the fence to the garden he always hoped of visiting. There it was, as lush and green as ever, it was a home for a little butterfly. Full of food and fertile plants, the leaves just kept growing back and never died, there was a pond for water and places to rest. It was the perfect place for a butterfly. Some people say that to this day he's still there, happy as can be. So if you ever visit the garden - just up Story Lane - watch out for the hopeful happy butterfly.

3rd - James Fairweather

A RAINBOW OF HOPE

Red for the love that we all share

Orange for the fire that burns in our hearts

Yellow for the warmth that we give to our friends

Green for the calm of the countryside

Blue for the sadness that hugs take away

Indigo for the night where stars shine bright, each one a distant dream

Violet, the end of our rainbow of hope?
That's not true, the rainbow can go on forever

It's Up to You!!

By James Fairweather

ENGLISH NEWS Cont.



Leila Kobeissi



Chloe Maher



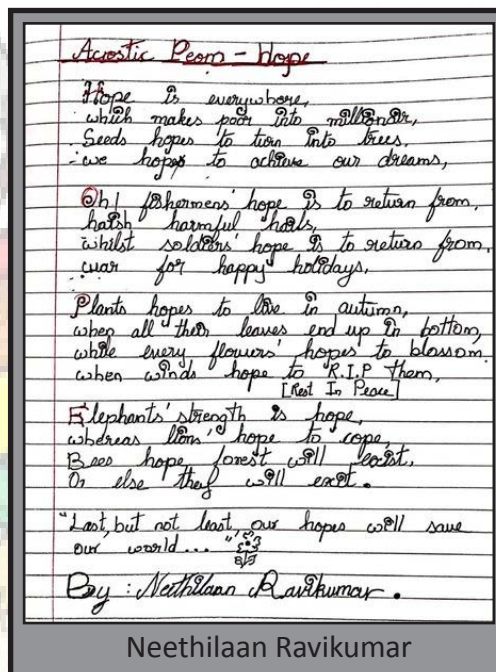
Srikara Sanvi-Balla



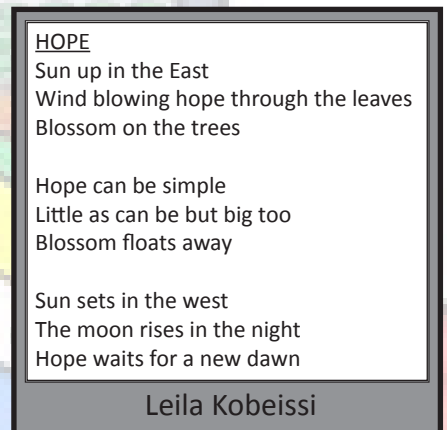
Luna Alonso-Huang



Sophie Maher



Neethilaan Ravikumar



Leila Kobeissi

Gordon's Move

Gordon lived in the Caribbean with his mum Joyce and his dad Emmanuel. One day a letter came through the post stating that they had been accepted to go and live in London. Gordon was excited to go to London because he had learned so much about it but he had never got to go. The next day, he started to pack his clothes for the start of the new journey. That afternoon, his family boarded the boat. It was a long and perilous journey on the rough sea but after about two weeks, they arrived at Bournemouth dock. A local taxi took them to their pre-paid rented house. When they arrived, it was 7:45 pm and Gordon was tired. Joyce prepared his room. She quickly got him to bed and her and Emmanuel started to unpack their suitcases.

It was morning and Gordon got ready to start at his new school. When he arrived at school, he thought that the building was towering and dull. His father took him inside and he was sent to his new classroom. Everyone was staring at him. Gordon was embarrassed because he didn't know these people and they looked different to him and he didn't just know why. The teacher told him to stand up and introduce himself and everyone started whispering until the teacher shouted at them to be quiet. The whole class was looking at him and he told them his name and where he came from. He sat down quickly to avoid getting attention.

It was break time. Gordon was sitting on the stairs eating his apple. People started whispering to each other and stealing quick glances at him. He finally plucked up the courage to go and ask them if he could play with them. The boys stopped talking and looked at him annoyed. They said no and started chanting rude words very loudly. That was the time when Gordon realised that he was not welcomed here. When he got home from school that day, he went to his bedroom and had a good cry. His dad came in and asked him what was wrong and Gordon told him exactly what had happened. His dad replied telling him that black people weren't sometimes treated nicely here but hopefully things will improve as he got to know them. Gordon said he understood and that he would try and get to know them.

That same afternoon, his mother asked him to go to the corner shop to get a list of items for dinner. He saw the mean boys from school and tried to hide from them so that he wouldn't get hurt. They quickly left the shop. Luckily, they didn't see him. The next day at his school, there was an assembly and Gordon was shocked because he had won the golden award for excellent work. He had proved those boys that he wasn't dumb and that he was smart. So at playtime he was always included.

Raihan Wilson-Andoh

PE News



What an excellent start to the year for PE lessons! Despite the weather turning colder and some rain setting in, the overwhelming majority of students have taken to outdoor PE only with great enthusiasm and we have been able to deliver almost all of our usual PE Curriculum.

This half-term's highlights have been -

All students having a Happy, Healthy, Success focus on Communication within their practical PE lessons. How to communicate well, why it is important for it to be a two-way process and finally how to transfer the skill from the field to the classroom and then to the workplace! This has been achieved through a range of COVID-19 safe activities, such as health-related fitness, softball, touch rugby, football, basketball, cricket, rounders and much more!

Year 7 PE

Learning about how communication can support the concepts of decision making and empathy within a sports setting.

Year 8 PE

Using communication as a tool to work on a student's independence in sport /physical activity and respect - for their environment, themselves, each other, and the officials

Year 9 PE

Looking at communication from the point of view of their future - telling us their views on which options they would like to select for their PE Qualification!

Students have been undertaking taster sessions from each of the units involved in the Cambridge National Sports Science and Sports Studies. These have included using iPads for VAR officiating in football (Technology in Sport - Science), setting up creative games using only cones and a ball (Sports Leadership - Studies) and completing some sports-specific training drills (Developing Sports Skills - Studies). They are completing their booklet which will help them to communicate their preferences to us before starting their course in January 2021

Year 9 Leadership Diploma

A wonderful start for all groups have seen them learning about the 5 key skills that all Sports Leaders should possess - Self-Management, Teamwork, Problem Solving, Communication and Self-Belief. They have been shown how to run an effective coaching session, and many are now in the process of planning and leading their first sporting activities!

Year 10 PE

Students have been working through their Sports Science or Sports Studies qualifications and, as well as learning

to communicate their coursework responses appropriately, have been learning lots of theory through practical. The Contemporary Issues in Sport unit for Studies has seen 3 groups learn the Olympic motto, creed and aims through a mini Olympic Games, and the Science students have

Year 10 Leadership Diploma

The RFU Tag Rugby Award has been adapted to incorporate the COVID-19 safe “Return to Rugby” rules and students have been learning the core values and some game activities to lead. They will not only receive an RFU Activator Award, but have been encouraged to take their skills wider by volunteering at one of our partner clubs such as MK RFU in Emerson Valley, or Bletchley Rugby Club.

Year 11 PE

With students busy completing their coursework as they draw closer to the end of their PE Qualification, they have really enjoyed easing back into a physically active lifestyle by completing Applied Fitness activities in Science, and focus on both the Media in Sport and Developing their own Sports Specific Skills (Studies) through the likes of football, netball and handball

Year 11 Leadership Diploma

Students are completing their Sports Leaders Level 2 booklets ready to gain another valuable CPD certificate in leadership. As this is happening, they begin the work for yet another - YMCA Level 1 Certificate in Fitness and Physical Activity. This is perfect for those interested in the Active Leisure Industry or becoming a personal trainer!

Year 12 & 13 PE

After such an excellent set of results were acquired by Y13, they headed into their Professional Development unit with great confidence, only to find they would need to formally apply and be interviewed for some true-to-life jobs within the sports industry. They looked ever so smart in their formal wear and were thankful that it wasn't their PE teacher grilling them but a group of professionals from within the industry. A superbly worthwhile experience. Y12 begun life as BTEC National students and are already making great progress in units such as Anatomy & Physiology, Sports Psychology, Sports Injury Management and Development of Sports Provision.

What a start, despite all the challenges. And what's more...

Extra-Curricular PE

We are looking to begin to open up our extra-curricular sport programme after half term. This has to be carefully managed due to the lack of available changing rooms, staggered finish time, inability to cross-bubbles and disinfecting of shared equipment, amongst other new protocols.

But we hope that year 7 & 8 students will be able to access boys football, girls football and cross-country sessions from 3rd November which will be a huge plus for the PE Team!



Class Music Making and Year Group Bands

CLASS MUSIC MAKING has returned with year 7 experiencing whole class keyboard based music making and year 8 developing film music composing skills and working collaboratively using Garage Band. All other year groups are participating in performing and composing and some of these compositions will feature in our St Cecilia's day concert on 23rd November. It's been fantastic to have our previously silent corridors filled with music again!



YEAR GROUP BUBBLE BANDS - We now have 6 very successful year group bubble bands who rehearse either before or after school. We are COVID safe, maintaining 2m distance and making some amazing music. All groups will record pieces for performance in our autumn St Cecilia's day concert in a few weeks' time.



6th Form Vocal Group



Year 10 Bubble Band



Year 10 Bubble Band



Year 11 Bubble Band

Online St Cecilia's Day Concert

After our very successful online virtual summer concert we will present our St Cecilia's Day (patron saint of music) concert on **MONDAY 23RD NOVEMBER 1900 ON MICROSOFT TEAMS**. We have already received several recordings for the virtual concert. All bands will feature alongside soloists. If you haven't been invited and would like to be involved, email Mrs Smith for more details shsmith@sbeschool.org.uk. You will need to video your performance in portrait, mp4 format, wearing appropriate dress with a plain background. The deadline for recordings to be submitted is 28th October, so let's make music!

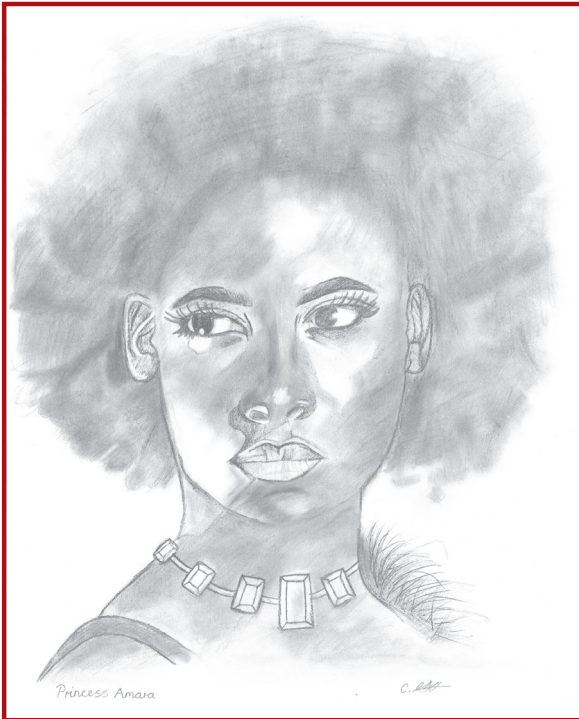


Other Music News

INSTRUMENT LESSONS have returned either face to face or online and several students are busy recording their performances for the new online exams. If your child receives instrument tuition please check the new timetables for November/December that will be emailed to you via Parent Mail.

BLUE PETER MUSIC BADGE - If you're age 6 - 15 would like to apply, here's the link. You could be the proud owner of a BLUE PETER MUSIC BADGE! For details visit [HERE](#)

Black History Month



Here is a poster from C Tait on heroines as part of the Black History Month form time programme!

Mrs Rapson

European Day of Languages 2020

European Day of Languages is a celebration of worldwide languages celebrated all over Europe on 26th September each year.

This year, year 7 had the opportunity to learn all about the culture of various countries, the European Space Agency with links to the Russian language and even learning a few words of Russian.

Year 7 also took part in two competitions. The first was to design a t-shirt for European Day of Languages 2021, the winners will be announced at a later date. The second competition was to find out which languages are spoken by 19 celebrities. Well done year 7 on a fantastic effort and a huge congratulations to the winners with an amazing 31 out of 32:

Martim Sedas
Evie Dunn

The MFL Team.

