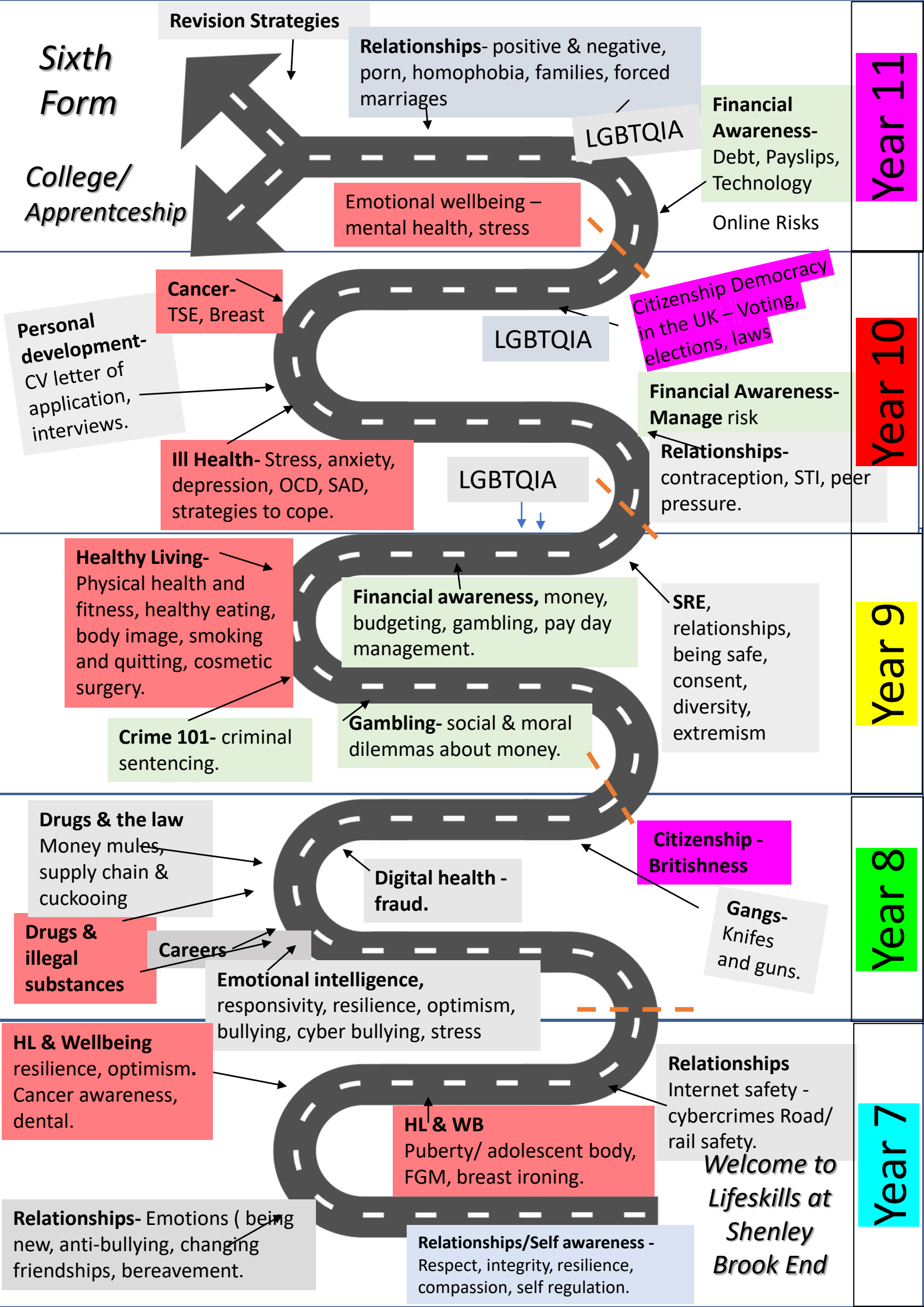
Sixth Form
College/ Apprentceship
Revision Strategies
Relationships- positive & negative, porn, homophobia, families, forced marriages
LGBTQIA
Financial Awareness- Debt, Payslips, Technology
Online Risks
Emotional wellbeing – mental health, stress
Year 11
Cancer- TSE, Breast
Personal development- CV letter of application, interviews.
LGBTQIA
Citizenship Democracy in the UK – Voting, elections, laws
Financial Awareness- Manage risk
Relationships- contraception, STI, peer pressure.
Ill Health- Stress, anxiety, depression, OCD, SAD, strategies to cope.
LGBTQIA
Year 10
Healthy Living- Physical health and fitness, healthy eating, body image, smoking and quitting, cosmetic surgery.
Financial awareness, money, budgeting, gambling, pay day management.
SRE, relationships, being safe, consent, diversity, extremism
Crime 101- criminal sentencing.
Gambling- social & moral dilemmas about money.
Year 9
Drugs & the law Money mules, supply chain & cuckooing
Citizenship - Britishness
Digital health - fraud.
Gangs- Knifes and guns.
Drugs & illegal substances
Careers
Emotional intelligence, responsivity, resilience, optimism, bullying, cyber bullying, stress
Year 8
HL & Wellbeing resilience, optimism. Cancer awareness, dental.
Relationships Internet safety - cybercrimes Road/ rail safety.
HL & WB Puberty/ adolescent body, FGM, breast ironing.
Welcome to Lifeskills at Shenley Brook End
Relationships- Emotions (being new, anti-bullying, changing friendships, bereavement.
Relationships/Self awareness - Respect, integrity, resilience, compassion, self regulation.
Year 7