






Year 8: ASK Yourself!

Subject: Life Skills

Unit: Grange Enders Into Yr 8

	Launching	Developing	Progressing	Mastering
 S skills				
Expression	I need to contribute in class.	With support I can express myself simply.	I can express my ideas logically and clearly.	I always express my ideas logically and clearly in different ways.
Solving Problems	I need to be able to offer solutions to problems.	With support I can evaluate problems and offer potential solutions.	I can evaluate problems, offer potential solutions and justify my responses.	I can successfully evaluate problems, think 'outside of the box' in order to offer potential solutions and justify my responses.
 K knowledge				
Grange Enders Into Yr 8. 	I need to understand that self esteem can have an impact on my development. I need to learn how to manage my emotions especially with changing friendship groups / teams /classes and growing up issues.	I know that self esteem can have an impact on my development. I need to learn how to manage my emotions especially with changing friendship groups/teams/ classes. I know where to get help when I need it.	I know that self esteem can have an impact on my development. I can confidently manage my emotions in a range of situations. I am confident on where to access further information on sensitive issues such as divorce, bullying etc.	I have successfully identified my strengths / weaknesses / skills and qualities. I confidently manage my emotions in a range of situations and can make effective use of constructive feedback from friendship groups / teams / classes. I am confident on where to access further information on sensitive issues such as divorce, bullying etc.