






Year 8: ASK Yourself!

Subject: Life Skills

Unit: Careers and Options

	Launching	Developing	Progressing	Mastering
 S skills				
Expression	I need to respond to questions in class.	With support I can respond to questions and ask questions using appropriate language.	I can express my ideas logically and clearly. I can advocate confidently and be flexible in negotiations.	I always express my ideas logically and clearly in different ways. I can confidently advocate, be flexible in negotiations and compromise when necessary.
Independence	I need to be able to work productively on my own.	With occasional help to focus I can work productively on my own.	I enjoy working independently, with good results.	I am successful when working independently and enjoy setting myself challenging targets.
 K knowledge				
Careers & Options 	I need to be aware more aware of my own values to help me decide on a future career.	I understand my own values and am able to use them to help me decide on a future career. I can identify key skills that I am good at. I have attempted some research relevant to the careers I am interested in.	I confidently understand my values and key skills. I am aware of my weaknesses and am developing strategies to improve. I have investigated careers I am interested in and how they relate to my option choices.	I confidently understand my values and attitudes and what can motivate people to work. I have effectively investigated career choices through research and discussion with staff and peers and am able to confidently choose my option subjects.