






Year 7: ASK Yourself!

Subject: Life Skills
Unit: Grange Enders

	Launching	Developing	Progressing	Mastering
 S skills				
Expression	I need to respond to questions in class.	With support I can respond to questions and ask questions using appropriate language.	I can express my ideas logically and clearly. I can advocate confidently and be flexible in negotiations	I always express my ideas logically and clearly in different ways. I can confidently advocate, be flexible in negotiations and compromise when necessary.
Teamwork	I need to be able to work in a team.	With help I can work as part of a team.	I can operate in different roles as part of a team.	I can successfully contribute to, and lead, a team.
Solving Problems	I need to be able to offer solutions to problems.	With support I can evaluate problems and offer potential solutions.	I can evaluate problems, offer potential solutions and justify my responses.	I can successfully evaluate problems, think 'outside of the box' in order to offer potential solutions and justify my responses.
 K knowledge				
Grange Enders 	I need to manage transition. I need to understand that self esteem can have an impact on my development .I need to learn how to manage my emotions.	I can manage transition. I am aware that self-esteem can have an impact on my development .I need to better learn how to manage my emotions.	I successfully manage transition. I know that self esteem can have an impact on my development .I can confidently manage my emotions in a range of situations.	I have successfully identified my strengths / weaknesses / skills and qualities. I confidently manage my emotions in a range of situations and can make effective use of constructive feedback.