Year 7: ASK Yourself!

Subject: Life Skills Unit: Me and my Character

Unit: Me and my				
	Launching	Developing	Progressing	Mastering
S kills				
Tedan and an a	I need to be able	With occasional	T oniou working	I am successful
Independence	to work	help to focus I	I enjoy working independently,	when working
	productively on	can work	with good	independently
	my own.	productively on	results.	and enjoy setting
		my own.		myself
				challenging targets.
Literacy	I need to	With support I	I regularly use	I successfully
	increase my	am becoming	literacy	use literacy
	awareness and	aware of literacy	techniques to	techniques to
	use of literacy techniques.	techniques that would support my	underpin my learning.	underpin and further my
	rechniques.	learning.	rearning.	learning.
		j .		,
nowledge				
Me and my	I need to	I understand	I understand	I effectively
Character	understand what	what my	how I	utilise and
Unul ucrer		,		
	my	different	demonstrate	reflect on my
	my characteristics	different character	different	own character
Character .	my	different		,
Character .	my characteristics are and	different character strengths are	different character strengths and appreciate that	own character strengths. I can identify ways to develop
	my characteristics are and appreciate what	different character strengths are and can explain why it is important to	different character strengths and appreciate that reflecting and	own character strengths. I can identify ways to develop my strengths
	my characteristics are and appreciate what	different character strengths are and can explain why it is important to recognise and	different character strengths and appreciate that reflecting and developing my	own character strengths. I can identify ways to develop my strengths and consider the
Characher	my characteristics are and appreciate what	different character strengths are and can explain why it is important to	different character strengths and appreciate that reflecting and developing my strengths is key	own character strengths. I can identify ways to develop my strengths and consider the character
Character	my characteristics are and appreciate what	different character strengths are and can explain why it is important to recognise and develop these to	different character strengths and appreciate that reflecting and developing my	own character strengths. I can identify ways to develop my strengths and consider the
Characher	my characteristics are and appreciate what	different character strengths are and can explain why it is important to recognise and develop these to become the best	different character strengths and appreciate that reflecting and developing my strengths is key to becoming the	own character strengths. I can identify ways to develop my strengths and consider the character strengths I need to develop. I recognise
Characher Characher	my characteristics are and appreciate what	different character strengths are and can explain why it is important to recognise and develop these to become the best	different character strengths and appreciate that reflecting and developing my strengths is key to becoming the best version of	own character strengths. I can identify ways to develop my strengths and consider the character strengths I need to develop. I recognise strengths within
Churdener	my characteristics are and appreciate what	different character strengths are and can explain why it is important to recognise and develop these to become the best	different character strengths and appreciate that reflecting and developing my strengths is key to becoming the best version of	own character strengths. I can identify ways to develop my strengths and consider the character strengths I need to develop. I recognise strengths within others and know
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