



Yr10: ASK Yourself!

Subject: Psychology
Unit: Sleep and Dreaming

	Launching 1-2	Developing 3-4	Progressing 5-6	Mastering 7-9
S kills				
	I need to be able to work in a team.	With support I can work as part of a team.	I can operate in different roles as part of a team.	I can successfully contribute to, and lead, a team.
K nowledge				
	I need to know the key concepts for Sleep and Dreaming.	I understand the theories of Sleep and Dreaming: * Freudian Theory * Activation Theory	I confidently know the studies: *Freud (1918) * Williams et al. (1992)	I understand and can apply this to the topic of: * Treatments